Shimmy Up North at Borwick: Timetable #SupN

Times: 07:30 | 08:30 | 09:00 | 09:30 | 10:00 | 10:30 | 11:00 | 11:30 | 12:00 | 13:00 | 13:30 | 14:00 | 14:30 | 15:00 | 15:30 | 16:00 | 16:30 | 17:00 | 17:30 | 18:00 | 18:30 | 19:00 | 19:15 | 20:00 | 20:15 | 21:30 | 22:00 | 22:30

Friday

- **Arrival & Souk - from 3pm. Welcome / introductions at 5pm in the library**
- **Dinner**
- Strut your stuff - Anna Bisco
- El Ghazala el Raya - Laura Armstrong
- Greek Fun - Vanessa Clipsham
- Khaleegy Inspired - Moyra Banks
- Class showback at 815pm in Large Conference room followed by: **Participants Performance Platform** in Baronial Hall with souk till 10.30pm

Saturday

Breakfast from 7.30 - 9am

- Fan Veil basics - Anna Bisco
- Shimmy Camp - Kay Taylor
- Drills for precision - Carmen Tormo
- Saidi stick drills - Sue Baker
- Souk 9 - 10am
- Arms, Hands & Upper Body - Carmen Tormo
- Creatve use of Rhythms - Julia Farid
- Moving effortlessly with music - Anne Kingston
- Effective Entrances - Moyra Banks
- **Lunch: 12.00**
- **Souk: 12.30 - 13.30**
- Rocky Balboa drum solo - Carmen Tormo
- Funky Saidi Combinations - Julia Farid
- Fan Veils - one step further - Anna Bisco
- Baladi combinations - Sue Baker
- Souk 15:00 - 18:00 - Shop till you drop or try something for the Fashion show.
- Happy Hearts - Anne Kingston
- Greek Social dance - Vanessa Clipsham
- Dinner 6 - 7pm
- Time to get changed
- **Teachers' Showcase at 8pm in the Large Conference room followed by Disco in the Baronial Hall - If you have a favourite track, bring it along - souk will be open after teachers showcase till 10.30pm**

Sunday

Breakfast from 8 - 9am

- Elegant Arms - Laura Armstrong
- Basic Arabic - Kay Taylor
- Veil combinations - Sue Baker
- Souk 9am - 10.30am
- Magency choreography with veil - Carmen Tormo
- Reda style combinations - Moyra Babks
- Lost in Taksim - Anna Bisco
- Somatic Wellbeing - Anne Kingston
- Lunch 12.30
- Souk 1 - 2pm
- Bessamo Mucho - Carmen Tormo
- Fusion Veil choreography - Laura Armstrong
- Rita - talk
- Greek bellydance explored - Vanessa Clipsham
- Chill out time…
- 3.30 - 4pm Gather in the bar for Farewell to Borwick!!

Bottom row: 9.00am | 10.30 am | 2pm

Shimmy Up North …. at Borwick 2017 #SupN

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